

Our beef and pork are raised humanely, free of antibiotics and growth hormones.

burritos

First Choose...

The Classic

Melted cheese, pinto beans, salsa, rice, flour tortilla.

Cajun

Cajun spices, black beans, roasted corn salsa, sour cream, rice, flour tortilla

Teriyaki

Teriyaki sauce, caramelized onions, broccoli, carrots, rice, whole wheat tortilla.

Mediterranean

Black bean hummus, tomato salsa, olives, feta cheese, cucumber, balsamic vinaigrette, rice, whole wheat tortilla.

Summer

Black beans, mango salsa, melted cheese, rice, flour tortilla.

Caesar

Romaine lettuce, feta cheese, herb croutons, Caesar dressing, flour tortilla.

Bangkok

Thai-style peanut sauce, Asian slaw, cucumbers, rice, flour tortilla.

Buffalo

Buffalo sauce, blue cheese dressing, celery, rice, flour tortilla

or... Make Your Own!

Whole Wheat Tortilla / Brown Rice Available

Then Add

Grilled Chicken

Grilled Steak

Naturally Raised

Carnitas (Braised Pork)

Naturally Raised

Organic Tofu

Seasoned and Roasted

Fajita Vegetables

Sauteed Green Pepper / Onion

extras

Guacamole

Extra Meat

Anything Else

breakfast

served until 11am

Huevos Chorizo (New)

Scrambled eggs, salsa, chorizo sausage, chipotle sour cream, melted cheese, flour tortilla

Bacon & Eggs

Scrambled eggs, salsa, bacon, melted cheese, flour tortilla

Truck Stop

Scrambled eggs, salsa, bacon, potatoes, melted cheese, flour tortilla

Huevos Rancheros

Scrambled eggs, salsa, black beans, melted cheese, flour tortilla

Egg & Cheese

Scrambled eggs, salsa, melted cheese, flour tortilla

smoothies

Berry Blitz

Apple juice, blueberries, banana & raspberry sorbet

Cape Codder

Apple juice, cranberries, blueberries, raspberry sorbet, non-fat frozen yogurt

Mango Passion

Mango juice, mango, non-fat frozen yogurt

Cra'c'y

Orange juice, mango, banana, non-fat frozen yogurt, vitamin c

Soy Smoothie

Soy milk, strawberries, banana and honey

The Milkshake

Skim milk, non-fat frozen yogurt, choice of 2 fruits, vanilla, chocolate, or Nutella

The Jimmy Carter

Skim milk, peanut butter, banana, non-fat frozen yogurt

Strawbana

Apple juice, orange juice, strawberries, banana, non-fat frozen yogurt

Triathlete

Orange juice, strawberries, banana, energy pack, fat burner

Whey-Out Protein

Mango juice, strawberries, banana, 100% whey protein, vitality pack

enhancers

Energy Pack, Brain Builder, Fat Burner, Whey Protein (\$.33), Vitality, Vitamin C

beverages

Fountain & Iced tea
Bottled Water
Bottled Soda
Juices

snacks

Chicken & Cheese
Steak & Cheese
Carnitas & Cheese

Cheese
PB&J
Nutella

salads

House Salad

Lettuce, tomatoes, carrots, cucumbers, balsamic vinaigrette dressing

Greek Salad

Lettuce, feta cheese, black olives, red onions, Greek dressing

Chinese Chicken Salad

Lettuce, grilled chicken, rice noodles, almonds, sesame seeds, scallions, Chinese dressing

Caesar Chicken Salad

Lettuce, grilled chicken, herb croutons, feta cheese, Caesar dressing

Without Chicken

sides

Chips
Chips & Salsa

Chips & Guacamole
Chocolate Chip Cookie